



# Peace

*- the gift of Christ our Lord*

*A project Pack for 7-11 year olds with suggestions  
for both older and younger children.*

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## About Project Packs

Project packs are a series of themed activities for use in CYCs, holiday clubs or as additions to the syllabus.

- Most of the activities need quite a lot of preparation such as collecting items and making games so it's worth reading through what you might want to do well in advance of the session. It is also advisable to try out beforehand what you are expecting the children to do later.
- If you need to make board games or cards the pages are free to photocopy. You could copy and print onto paper and stick onto card or print straight onto card if your printer allows for this. If this project pack is on our website [www.cssu.org.uk](http://www.cssu.org.uk) you could download the page and print straight onto the paper or card.
- Feel free to pick and choose which activities will suit your needs and adapt them for your particular class.
- Keep asking questions while the children are working on an activity. Some children will talk when they don't feel the pressure of you waiting for an answer. Some of course won't be quiet, so should be encouraged to listen to what others are saying.

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# Peace Project Pack

## Contents

**Unit 1: What is peace as the world sees it?** Introduction to the concept of 'Peace', particularly as the 'World' might see it. Thought shower ideas from children, create a poster and play games using words for peace that are both similar and opposite, in order to better understand the meaning of the word.

**Unit 2: Peace as the New Testament describes it.** Some references are examined first by playing one or more games and then summarised in the form of a poster.

**Unit 3: Peace in the Kingdom** will be the ultimate and the promise of this is described beautifully in Isaiah 35. The unit seeks to contrast our present situation with the one we hope for in the Kingdom. This is done through a board game using specific ideas from Isaiah 35.

**Unit 4: Peace is part of the Fruit of the Spirit.** Play a game of 'Ladybird' to help young people become familiar with the 'Fruits of the Spirit'. Make a poster entitled 'The Road to Peace is Paved with ....'

**Unit 5: Jesus says, 'Peace, be still.'** In this unit we aim to show that Jesus, like an invisible friend, is always ready and waiting when life gets tough or 'stormy'. The story of Jesus calming the storm from Luke is retold using a storybag. Activities use a drama technique called 'Sculpturing', a couple of artistic presentations, one a 'Word Cloud' and the other a collage and finally, a song.

**Unit 6: Some scriptural songs** to enjoy together through singing and discussion. Older children might also like to have a go at discussing some tricky Bible verses about peace.

**Unit 7: Prayer brings Peace of Mind.** Games introduce children to the need for prayer and then they are given opportunity to consider improving their own prayers.

**Unit 8: Carrying Peace with us.** The final unit suggests making little reminders in the form of bookmarks, prayer cards, email signatures or bracelets which carry verses or part verses about peace.

**Please note** that, although this is primarily a Junior Project Book, many activities can be adapted for children of about 5 to 14 years of age. Sometimes suggestions have been given to help you, sometimes not. You will know your own young people best and will be able to choose and adapt accordingly.

## Unit 1 : What is Peace as the World sees it?

**To introduce the concept of 'peace'**, begin by collecting ideas from the children and elsewhere about the world's idea of peace. Suggestions might include no war, fighting or quarrelling; the sound of water or a breeze in the trees, a peaceful place, harmony, tranquility, quietness, inner peace of mind, calm feelings, no noise; dove, olive branch, meditation, saunas and spas, music, the peace sign, etc etc. Record all ideas so you can use them to produce a poster, either together or individually (see Poster outline at the end of this unit.)

**Collect pictures to add to the poster or to give ideas:**

Pictures of peaceful places (seascapes, sunsets and sunrises, streams, waterfalls, waves, mountains, calm colours, etc) and of people doing peaceful things (children playing happily, people of different nationalities together, people meditating, praying, laughing or caring for someone, singing or playing music, the sign of peace, etc.) Children could also draw their own too.

### Synonyms and Antonyms for Peaceful

To help children gain more understanding of the varied and tricky concept of peace, it might help to find words of similar meaning and also those of opposite meaning. Playing either or both of these games may help. Each game is for two players.

**Begin** by photocopying or scanning the words (synonyms and antonyms) from the next two pages and one 'Bingo' grid for each player for Game 1 or a 'Noughts and Crosses' grid between every 2 players for Game 2. Print them onto card. (See Helpful Hints page)

**Game 1:** Be the first to complete their 'Bingo' grid and call out 'PEACE'.

**To Play:** The leader shuffles the cards. Each player has a 'Bingo' grid. The leader calls out the words, one at a time. If a player has that word on his grid, he can claim it and position it on top of the corresponding word. If no-one claims it, the leader carries on calling out words until one player shouts 'PEACE'. As the cards are colour-coded, they could then easily be sorted into synonyms or antonyms afterwards.

Play as many times as seems appropriate.

**Game 2:** Play like noughts and crosses with one player getting 3 in a row of his own words. ie either 3 synonyms or 3 antonyms in a row on the noughts and crosses grid.

**To Play:** Separate the cards into synonyms (green) and antonyms (red), giving one pile to each player. Players take it in turns to put a card on the grid as if they were putting in a nought or a cross. The winner is the one who completes a row of 3 in his own colour. Play as often as you like. (this game could use fewer word choices and so be more suitable for younger children.)

## Synonyms for Peaceful

calmness	serenity	hush
silence	placid	quietness
restfulness	balmy	patient
tranquility	easy	untroubled
noiselessness	harmonious	unison
united	gentle	serene
in accord	ordered	pacify
halcyon	soothing	concord

Feel free to select or add more words of your own, according to the age and ability of your children.

### For Very Young Children

quiet	still	united
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# Antonyms for Peaceful

<b>disagreement</b>	<b>war</b>	<b>fighting</b>
<b>disharmony</b>	<b>agitation</b>	<b>anger</b>
<b>terror</b>	<b>madness</b>	<b>violence</b>
<b>restlessness</b>	<b>discord</b>	<b>disunity</b>
<b>discomfort</b>	<b>misery</b>	<b>unhappiness</b>
<b>clamour</b>	<b>turbulence</b>	<b>noisy</b>
<b>disturbance</b>	<b>upset</b>	<b>worry</b>
<b>troubled</b>	<b>lawlessness</b>	<b>anxious</b>

Feel free to select or add more words of your own, according to the age and ability of your children.

## For Very Young Children just use:

<b>sad</b>	<b>angry</b>	<b>noisy</b>
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# Bingo Grids for Game 1

(You need one for every player)

<b>war</b>	<b>calmness</b>	<b>misery</b>
<b>silence</b>	<b>turbulence</b>	<b>restfulness</b>
<b>anger</b>	<b>tranquility</b>	<b>lawlessness</b>
<b>noiselessness</b>	<b>worry</b>	<b>united</b>

<b>discord</b>	<b>in accord</b>	<b>violence</b>
<b>halcyon</b>	<b>unhappiness</b>	<b>soothing</b>
<b>disunity</b>	<b>ordered</b>	<b>disagreement</b>
<b>easy</b>	<b>noisy</b>	<b>harmonious</b>

<b>restlessness</b>	<b>gentle</b>	<b>troubled</b>
<b>balmy</b>	<b>anxious</b>	<b>placid</b>
<b>madness</b>	<b>serenity</b>	<b>upset</b>
<b>hush</b>	<b>discomfort</b>	<b>patient</b>

## More Bingo Grids for Game 1

<b>terror</b>	<b>quietness</b>	<b>lawlessness</b>
<b>untroubled</b>	<b>disharmony</b>	<b>unison</b>
<b>fighting</b>	<b>silence</b>	<b>anxious</b>
<b>restfulness</b>	<b>war</b>	<b>united</b>

<b>fighting</b>	<b>serene</b>	<b>agitation</b>
<b>pacify</b>	<b>clamour</b>	<b>concord</b>
<b>troubled</b>	<b>calmness</b>	<b>disunity</b>
<b>soothing</b>	<b>noisy</b>	<b>balmy</b>

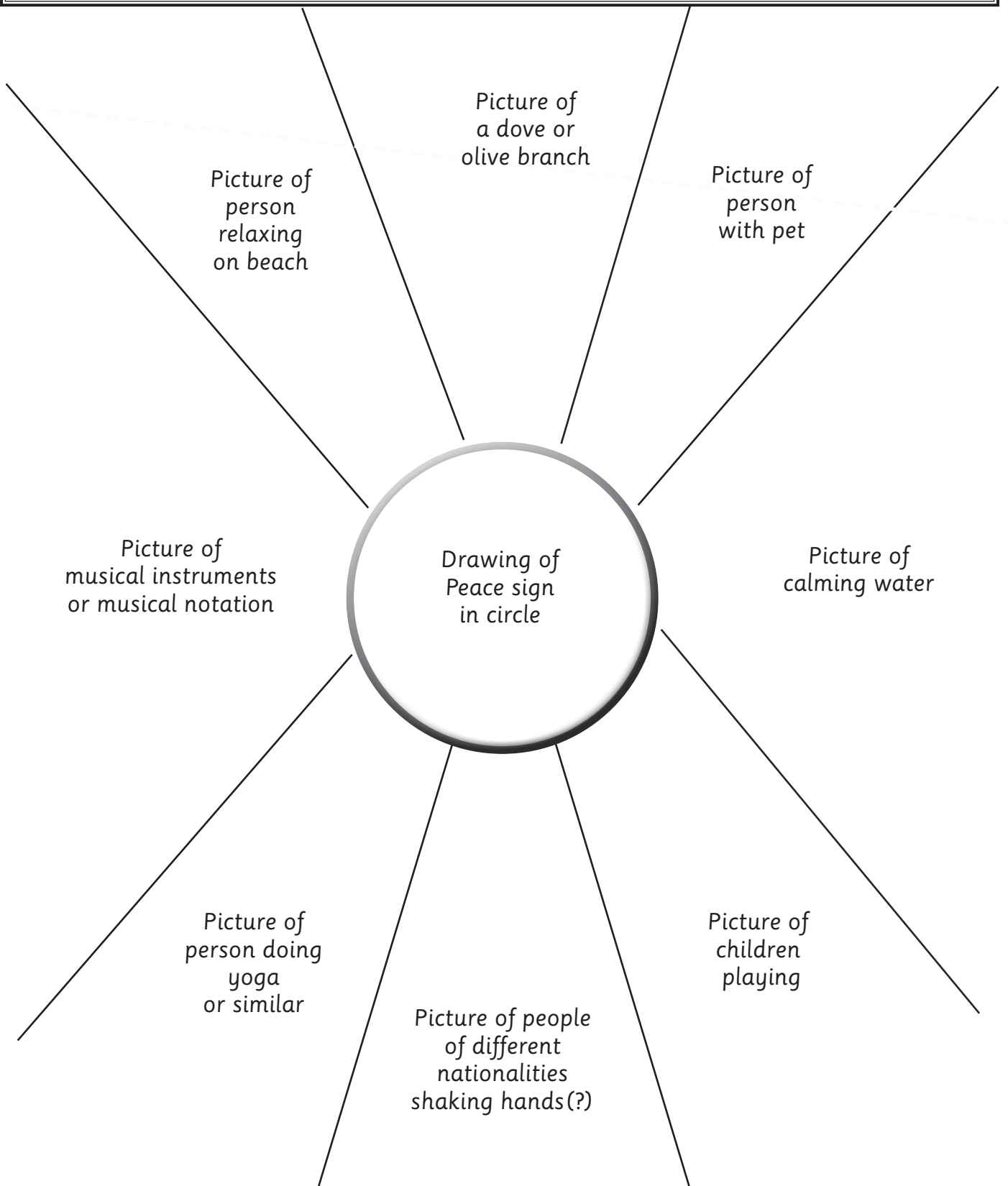
## Noughts and Crosses Grid for Game 2

(You need one between 2 players)




# Outline for Wordly Peace Poster

with Suggestions for Content



**Remember:** You could use pictures you have collected or pictures the children have drawn or a mixture of both.

## Unit 2: Peace as the New Testament describes it.

**Introduce the children to a variety of scriptural quotations about Peace:** If you use the ones on the Poster Mock-up on the next page, you will be preparing the children for that activity. The list of key scriptures for the poster are as follows:

**John 14:27, Galatians 5:22, 2 Thessalonians 3:16, Phillipians 4:4-7, Colossians 3:15, Romans 5:1, Ephesians 2: 15-16, Hebrews 12:14, John 16:33**

**Because there will be lots of passages to think about, it may help to introduce them in a fun way. Here are 4 suggestions:**

### **Game for pairs:**

Cut up the words of each quotation and put them in an envelope. Give envelopes to a pair of children and ask them to sort out the words so they have the complete passage. Give them the reference so they can check and alter theirs if necessary. Pairs of children could compete to see who can be first to sort out their words (and then explain the meaning, if they can).

### **Noisy game for 2 teams:**

Put each complete quotation inside a balloon before they are inflated. (Depending on numbers and your enthusiasm for blowing up balloons, you could either have a complete set for each team or share them out with the winner having an extra go as there are 9 quotations.) Set out the game by marking out a starting line and placing one chair for each team a distance away. Put the balloons in a box (or 2 boxes) behind the line. On the signal, the first player from each team picks up a balloon and runs to the chair with it. They then have to burst it by sitting on it. They must then rescue the quotation and run back to read it aloud to their team. Play continues until all balloons have been burst and all slips of paper collected. Read and talk about each passage in turn before beginning the poster activity.

### **Even noisier variation, needing a big space:**

Fill the balloons as before. Attach string to them when inflated and tie the other end of the string to an ankle of each player. The object this time is to tread on other people's balloons without letting yours be trodden on and burst. The last player with a balloon left intact is the winner. Players can rescue the pieces of paper afterwards. Warn players beforehand to be careful they don't kick one another in the excitement!

### **Jigsaw quotations:**

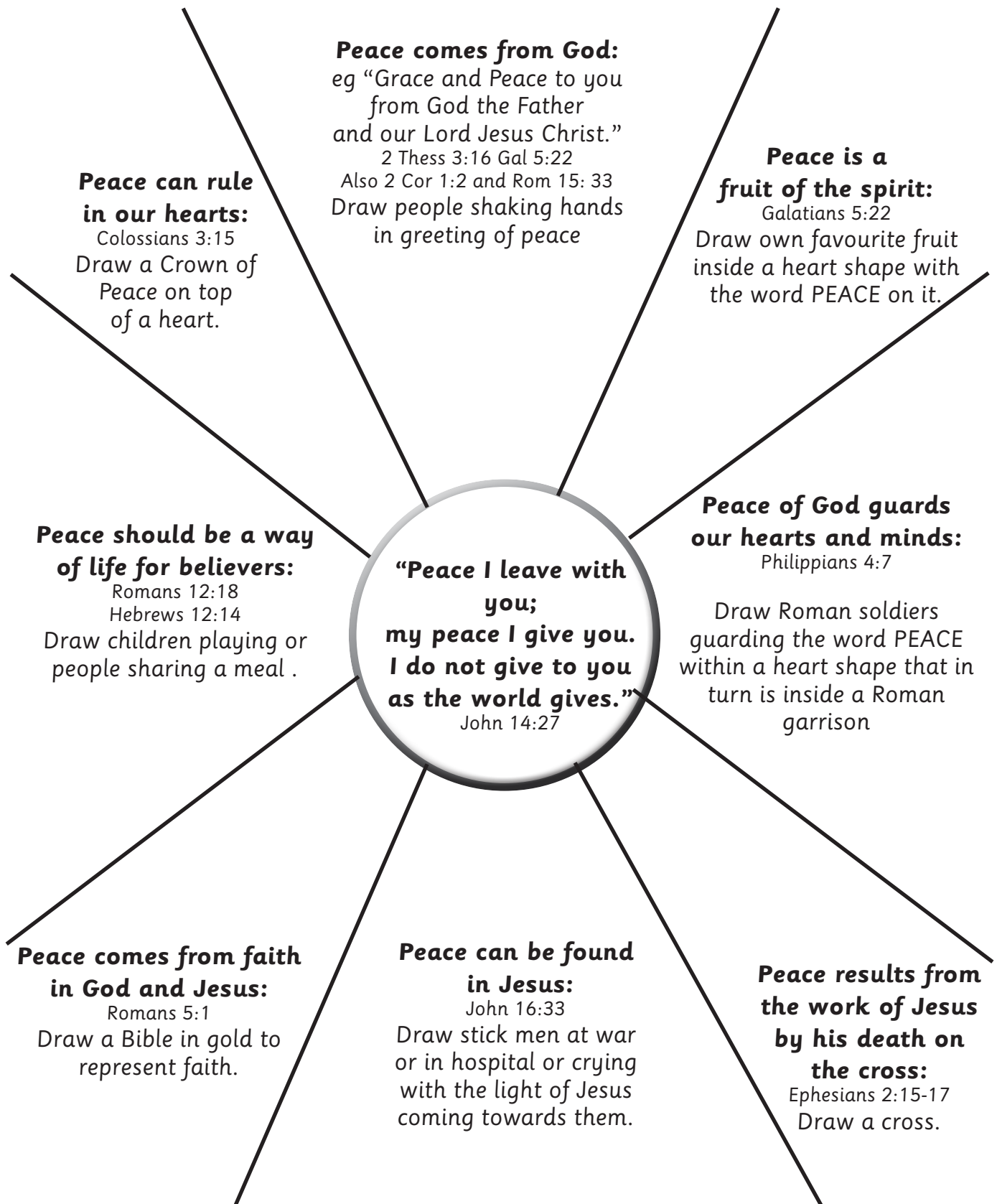
This requires blank jigsaw puzzles, available from stationers such as 'The Works' or online suppliers such as 'Baker Ross'. You can either write the words from each quotation on different pieces of the jigsaw or you can put a picture on one side and the words on the other, so children can more easily make up the sentence. Pairs, groups or individuals can complete the puzzles.

### **Now move on to make the poster**

(see next page for plan)

# Outline for Biblical Peace Poster

with Suggestions for Content (Unit 2)



**Remember:** You could use pictures you have collected or pictures the children have drawn or a mixture of both. Make either a large class poster or one for each child.

## Unit 3: Peace in the Kingdom

Isaiah 35

'The wilderness and the dry land shall be glad; the desert shall rejoice and blossom like the crocus; it shall blossom abundantly and rejoice with joy and singing. The glory of Lebanon shall be given to it, the majesty of Carmel and Sharon. They shall see the glory of the LORD, the majesty of our God.

Strengthen the weak hands, and make firm the feeble knees. Say to those who have an anxious heart, "Be strong; fear not! Behold, your God will come with vengeance, with the recompense of God. He will come and save you." Then the eyes of the blind shall be opened, and the ears of the deaf unstopped; then shall the lame man leap like a deer, and the tongue of the mute sing for joy. For waters break forth in the wilderness, and streams in the desert; the burning sand shall become a pool, and the thirsty ground springs of water; in the haunt of jackals, where they lie down, the grass shall become reeds and rushes.

And a highway shall be there, and it shall be called the Way of Holiness; the unclean shall not pass over it. It shall belong to those who walk on the way; even if they are fools, they shall not go astray. No lion shall be there, nor shall any ravenous beast come up on it; they shall not be found there, but the redeemed shall walk there. And the ransomed of the LORD shall return and come to Zion with singing; everlasting joy shall be upon their heads; they shall obtain gladness and joy, and sorrow and sighing shall flee away.'

**You may choose to read this passage** with Junior or Senior children and simply summarise it for Infants. Get Seniors to make a list of things that Jesus will put right when he comes back and explain that all these things add up to complete peace.

**The following is a game to help children understand how the problems of today will be replaced by complete PEACE in God's Kingdom on earth:**

For 2-4 players, **you will need** a dice, counters and a copy of the game board, printed onto card, together with a set each of Kingdom cards and Problem cards for each player plus one spare set and one set of Bonus Peace cards. (You will find all these on the next three pages and help with printing on the 'Helpful Hints' page.)

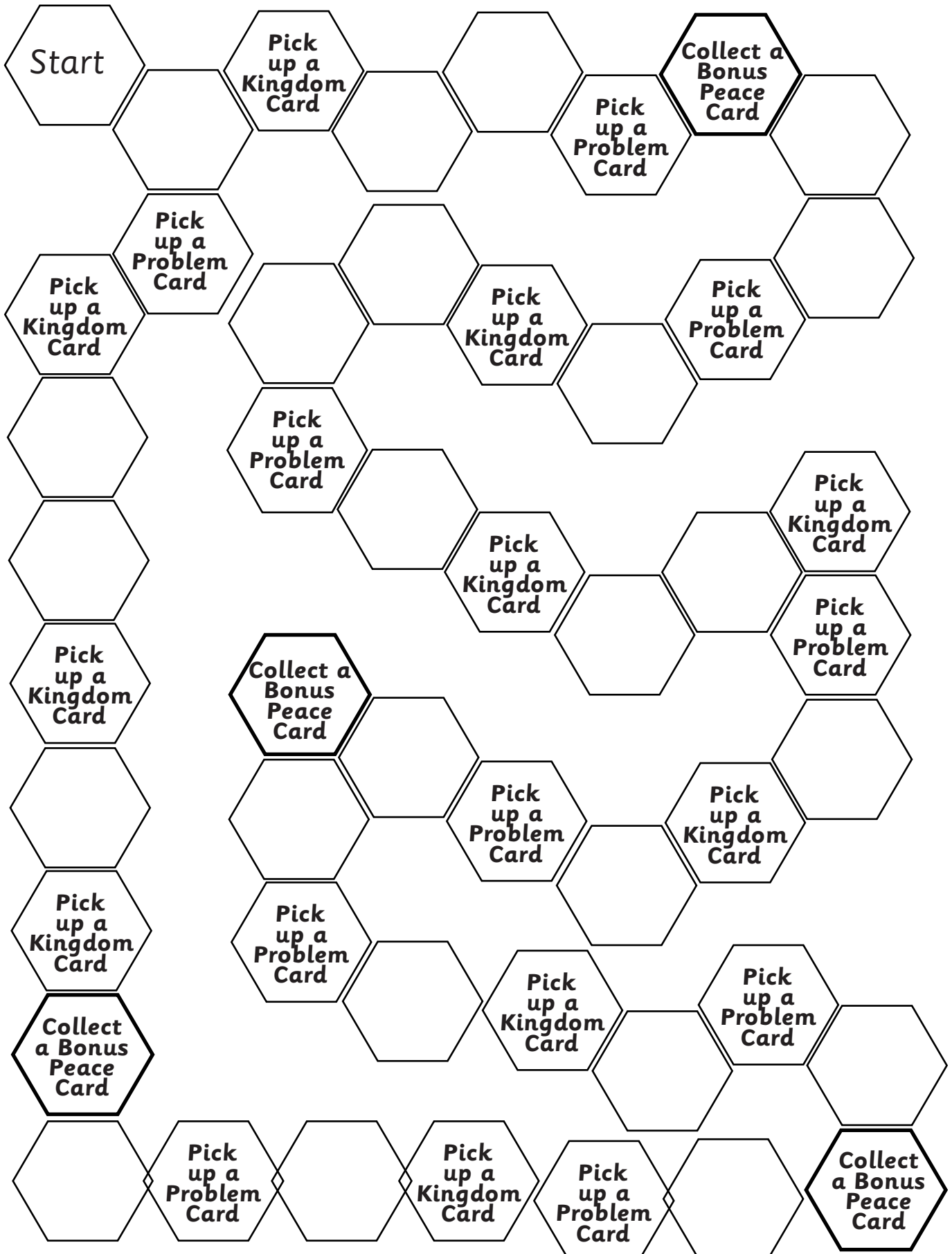
**Cut up** the **Kingdom** cards and **Bonus Peace** cards and place them face up in 2 piles beside the board. Cut up the **Problem** cards, give one set to each player and put one set face down beside the board. Players should read out their problem cards before and during play to check they understand what is being said.

**To play:** Players take it in turns to throw the dice and move their own counter from hexagon to hexagon. If a player lands on a 'Pick up a Kingdom Card' hexagon, he can swap one of his problem cards for a matching Kingdom card. eg If there is famine (Problem card), then God will make the desert bloom. (Kingdom Card); a lame person will leap like a deer, etc. If a player lands on a 'Pick up a Problem Card' hexagon, he must pick up the top one and add it to the pile he was given in the first place. If a player lands on a 'Pick up a Bonus Peace Card' hexagon, he may pick the top card from that pile until no more are left. Continue play by going round and round the board until either a player has got rid of all their Problem cards or until time is up. The player with most Kingdom and Peace cards is the winner. (Kingdom cards score one point, Bonus Peace cards score 3 points)

**Younger children** should play the Picture version, possibly with fewer cards.

# Unit 3: Peace in the Kingdom

(Board for Game for 2-4 players)



## Unit 3: Peace in the Kingdom




(cards for printing-may be stuck on the back of the picture cards)

<p><b>Problem Card</b></p> <p>Many suffer from famine.</p> <p><b>5</b></p>	<p><b>Problem Card</b></p> <p>Some adults and children are blind.</p> <p><b>4</b></p>	<p><b>Problem Card</b></p> <p>Some adults and children cannot walk due to accident or illness.</p> <p><b>3</b></p>	<p><b>Problem Card</b></p> <p>Some people have to walk miles for water which may not even be clean</p> <p><b>2</b></p>	<p><b>Problem Card</b></p> <p>We all get tired and frustrated at times.</p> <p><b>1</b></p>
<p><b>Problem Card</b></p> <p>Many fear robbery, violence, abuse, war, accident, peer pressure, temptations.</p> <p><b>10</b></p>	<p><b>Problem Card</b></p> <p>Some adults and children are deaf.</p> <p><b>9</b></p>	<p><b>Problem Card</b></p> <p>Some people stammer or can't speak at all.</p> <p><b>8</b></p>	<p><b>Problem Card</b></p> <p>Many want to love God but other things seem to get in the way.</p> <p><b>7</b></p>	<p><b>Problem Card</b></p> <p>All of us get sad sometimes, some are very sad most of the time.</p> <p><b>6</b></p>
<p><b>Kingdom Card</b></p> <p>'The desert and the parched land will rejoice and blossom.'</p> <p><b>15</b></p>	<p><b>Kingdom Card</b></p> <p>'Then will the eyes of the blind be opened..'</p> <p><b>14</b></p>	<p><b>Kingdom Card</b></p> <p>'Then will the lame walk like a deer.'</p> <p><b>13</b></p>	<p><b>Kingdom Card</b></p> <p>'Burning sand will become a pool, thirsty ground a bubbling brook.'</p> <p><b>12</b></p>	<p><b>Kingdom Card</b></p> <p>'They will enter Zion with singing; everlasting joy will crown them.'</p> <p><b>11</b></p>
<p><b>Kingdom Card</b></p> <p>'Be strong, do not fear; your God will come to save you.'</p> <p><b>20</b></p>	<p><b>Kingdom Card</b></p> <p>'Then will the ears of the deaf be unstopped.'</p> <p><b>19</b></p>	<p><b>Kingdom Card</b></p> <p>'The mute tongue will shout for joy.'</p> <p><b>18</b></p>	<p><b>Kingdom Card</b></p> <p>'A highway will be there.... for those who walk in that WAY.'</p> <p><b>17</b></p>	<p><b>Kingdom Card</b></p> <p>'Gladness and joy will overtake them and sorrow and sighing will flee away.'</p> <p><b>16</b></p>
<p><b>Bonus Peace</b></p> <p>Nature will rejoice as God intended, no longer spoilt or destroyed by men and women.</p> <p><b>25</b></p>	<p><b>Bonus Peace</b></p> <p>God will bring peace to those who trust in him.</p> <p><b>24</b></p>	<p><b>Bonus Peace</b></p> <p>We will feel no pain in or be ill anymore and there will be no more death!</p> <p><b>23</b></p>	<p><b>Bonus Peace</b></p> <p>There will be peace for those living in God's way.</p> <p><b>22</b></p>	<p><b>Bonus Peace</b></p> <p>Our minds will be content and at rest so it will be easy to sing and be completely happy</p> <p><b>21</b></p>



# Unit 3: Peace in the Kingdom

(picture cards for Infant Version of game-may be backed onto the word cards)

<p>1</p> 	<p>2</p> 	<p>3</p> 	<p>4</p> 	<p>5</p> 
<p>6</p> 	<p>7</p> 	<p>8</p> 	<p>9</p> 	<p>10</p> 
<p>11</p> 	<p>12</p> 	<p>13</p> 	<p>14</p> 	<p>15</p> 
<p>16</p> 	<p>17</p> 	<p>18</p> 	<p>19</p> 	<p>20</p> 
<p><b>Bonus Peace</b></p> <p>Our minds will be content and at rest so it will be easy to sing and be completely happy</p> <p>21</p>	<p><b>Bonus Peace</b></p> <p>There will be peace for those living in God's way.</p> <p>22</p>	<p><b>Bonus Peace</b></p> <p>We will feel no pain in or be ill anymore and there will be no more death!</p> <p>23</p>	<p><b>Bonus Peace</b></p> <p>God will bring peace to those who trust in him.</p> <p>24</p>	<p><b>Bonus Peace</b></p> <p>Nature will rejoice as God intended, no longer spoilt or destroyed by men and women.</p> <p>25</p>

## Unit 4: Peace is part of the Fruit of the Spirit

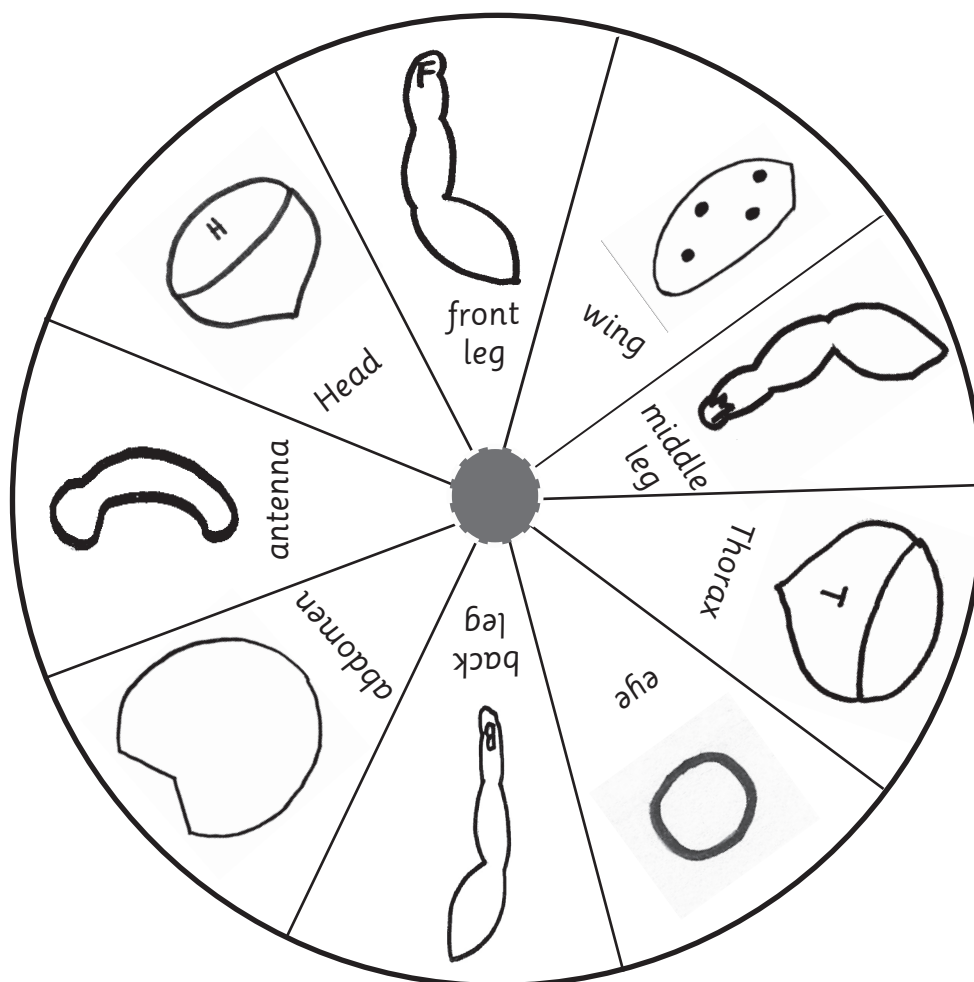
'But the fruit of the spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness and self-control. Against such things there is no law.' Galatians 5: 22-23

The Fruit of the spirit is explored in another Project Pack but it would be good to include a reminder here: Discuss with the children how the fruit are all qualities we should be striving to show in our lives and that they actually all show love. Perhaps we could also say that the more we develop the fruit in our own lives, the more **peace** we shall find now.

### Play Ladybird (like Beetle!)

**Aim:** To be first to complete a Ladybird.

**You need:** Spinner with different parts of the ladybird:



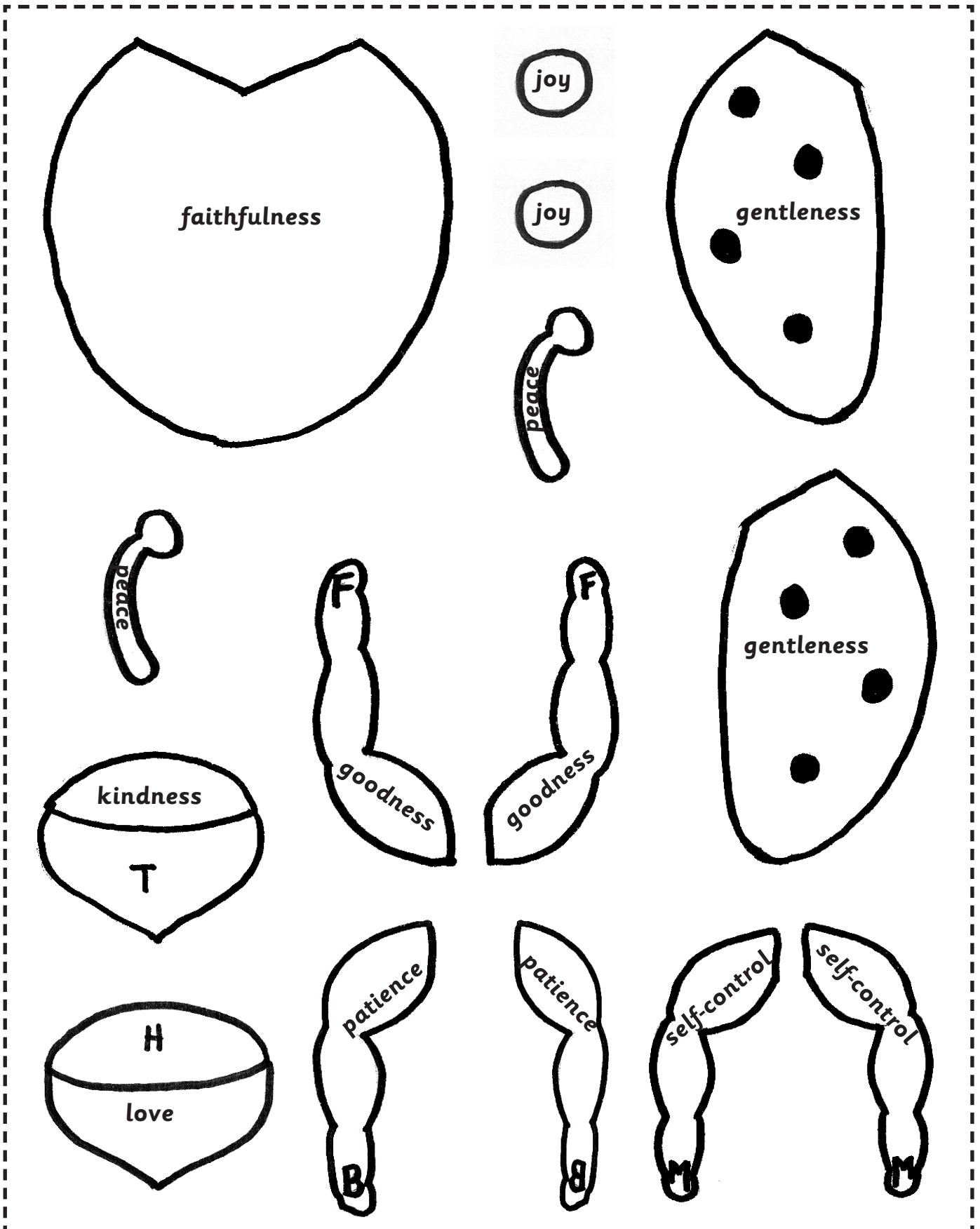
Scan or photocopy the disc and the arrow onto card. (see Helpful Hints page)  
Fix the arrow to the centre of the disc with a paper fastener.



# Unit 4: Peace is part of the Fruit of the Spirit

## You will also need

to copy onto card (or preferably laminate for durability) a complete set of ladybird body parts labelled with the Fruit of the Spirit, one for each player:



## Unit 4: Peace is part of the Fruit of the Spirit

Each Ladybird part collected is for a Fruit of the Spirit, as follows:

<b>Abdomen (1)</b>	<b>Faithfulness</b>	<b>Need one before everything else</b>
<b>Thorax (1)</b>	<b>Kindness</b>	<b>Need one before Head</b>
<b>Head (1)</b>	<b>Love</b>	<b>Need one, before eyes or Antennae</b>
<b>Eyes(2)</b>	<b>Joy</b>	<b>Can only have after Head</b>
<b>Antenna (2)</b>	<b>Peace</b>	<b>Can only have after Head</b>
<b>Wings (2)</b>	<b>Gentleness</b>	<b>Can only have after Thorax</b>
<b>Front Legs (2)</b>	<b>Goodness</b>	<b>Can only have after Abdomen</b>
<b>Middle Legs (2)</b>	<b>Self-control</b>	<b>Can only have after Abdomen</b>
<b>Back Legs (2)</b>	<b>Patience</b>	<b>Can only have after Abdomen</b>

### To Play:

Players take it in turns to spin the spinner and collect pieces of their ladybird but only in the order listed above. Assemble the ladybird as it is collected. (Some pieces should rest wholly or partially on top of others to make your ladybird look realistic) The first person to complete their ladybird is the winner. Play as many times as you like. Make it into a 'Ladybird Drive' if you like with winners moving on to the next group round for the next game. To reinforce the Fruit of the Spirit, players must say the Fruit for the bodypart as they pick it up.

### Additional Activity: Making a Poster

Using collage, paints, felt tips or whatever medium you like, ask children to create a poster with the title:

**'The Road to Peace is Paved with .....**

Children should illustrate that practising such things as patience, self control and so forth, bring peace to our own lives and peace to the lives of those around us.

Allow children to use words as well as pictures and to work in twos if they like.

## Unit 5: Jesus says 'Peace, be still!

Mark 4:35-41)

**In this unit we aim to show that Jesus, like an invisible friend, is always ready and waiting when life gets tough or 'stormy'.**

'On that day, when evening had come, he said to them, "Let us go across to the other side." Leaving the crowd, they took him with them in the boat, just as he was and other boats were with him. A great windstorm arose, and the waves were breaking into the boat, so that the boat was already filling.

But he was in the stern, asleep on the cushion. They woke him and said to him, "Teacher, do you not care that we are perishing?" He awoke and rebuked the wind and said to the sea, "Peace! Be still!" The wind ceased, and there was a great calm. He said to them, "Why are you so afraid? Have you still no faith?" They were filled with great fear and said to one another, "Who then is this, that even the wind and the sea obey him?"

**For younger children,** it would be good to tell this story using props and sound effects and then afterwards, get them to retell it in 2s and 3s using similar props.

### **You will need a 'Storybag' filled with:**

A piece of dark blue cloth to represent the sea.

A boat (could just be a shallow box or box lid with a boat shape attached to one side).

4 disciples figures and one Jesus figure (such as 'Lego' people or similar).

An empty plastic bottle to blow across to make the wind sounds.

A rain maker, if you have one, or shaker made from 2 yoghurt-type pots sellotaped together with rice grains inside.

A baking tray and wooden spoon to make thunder.

A torch for the lightning.

Tell the story as dramatically as you can, using the props at their appropriate times.

Encourage the children to do the same when it's their turn.

**For older children,** having read the Bible account, you could explore the metaphor of the storm, as representing life's troubles and the troubles Jesus endured, through Psalm 69.

You could select the verses more directly relating to a storm, verses such as 1-3, 13-18 and 34.

To help the young people express the contrast between being troubled and being at peace, try writing poems together as a large group or in 2s and 3s. You could use music such as The Hebrides Overture (Fingal's Cave) by Mendelssohn for the storm and Zen Garden-Tranquility, Meditation and Relaxation or Bizet's L'Arlesienne Suite No 1 - Adagietto movement for the peace.

## Unit 5: Jesus says 'Peace, be still!'

### Sculpture the Story - Drama Technique (more suitable for older Juniors / lower Seniors)

This is a technique used to help young people better understand the message of a story:

Working in groups of about 3, ask each person to choose a phrase from the story that they think is important (all should be different). Next they should come up with a simple movement that could be done on the spot to go with that phrase. Now arrange perhaps two chairs and a stool or box into a group and ask the 'actors' to sit, lie, kneel or stand in, on, beside or behind them. The first 'actor' then says the chosen phrase 3 times, accompanied by the movement. He/she should continue with the movement silently while the next actor says his/her phrase 3 times, accompanied by the movement. This person in turn falls silent while keeping the movement going so the last actor can have a turn. The whole performance could be completed by a joint phrase, either from the same story or elsewhere in the Bible, or even one that the young people come up with to show their own understanding, after which, everyone freezes. So as an example, the 3 phrases could be 'Teacher do you not care that we are perishing?'; 'Peace be still'; and 'They were filled with fear.' The joint phrase could then be 'Take heart, I have overcome the World!' (John 16:33) or something made up like 'We know Jesus is there for us.'

### Make a Word Cloud (suitable for Juniors and upwards)

Make a list of significant words from the story. They will be arranged on paper at different angles, all over the place within a shape, such as a boat, the waves or whatever seems suitable. They could be written using felt tip pens, typed on computers or cut from magazines and glued on. Choose colours that are appropriate to what is happening in the story and make the more important words larger. (an example is given to give you an idea)



## Unit 5: Jesus says 'Peace, be still!'

### Use Song

The following is a fisherman's prayer for safe keeping on the treacherous seas off the coast of Brittany but could equally well be applied to the storms of life. The tune for this can be found on line. Google 'Breton Fisherman's prayer song' or click on the link ([.tuneguide.e-guiding.com/songsag.htm](http://tuneguide.e-guiding.com/songsag.htm))

### Breton Fisherman's Prayer

Protect me oh Lord for my boat is so small  
Protect me oh Lord for my boat is so small  
My boat is so small and the sea is so wide  
Protect me oh Lord

### Activity:

After listening to this and thinking about its meaning, how about getting the children to add their own verses perhaps just by changing 'my boat is so small' to something like 'I worry too much' or 'we sometimes feel sad' or .....

Then they could add their own instrumental accompaniment using homemade shakers, etc. Could they draw out the difference between the noise of the sea and the peace of protection?

### Be Arty!

The story is an ideal one on which to base a picture using mixed media: Give the children large pieces of good paper and put out a variety of materials for them to use and just let them enjoy the experience.

### Materials could include:

poster paints and water-colour paints

sponges and paint brushes

tissue paper

pva glue (as well as the obvious, it also makes paints thicker and can be painted over a finished piece of work to leave a shiny surface, once dry)

fabric for people

brown paper for the boat

cotton wool for waves

magazines for colours and also letters for those key words spoken by Jesus

possibly pasta shapes

card to fold beneath figures to make them stand out

odd bits of netting for the fisherman's nets

You could make this into a group activity and produce a really large picture to display in your Meeting Room, if it's appropriate and perhaps put up the Breton Fisherman's Prayer near it with your children's added verses.

## Unit 6: Suggestions for Scriptural Songs and Verses to Enjoy Together

### **Giving Glory to God brings peace -**

'Glory to God in the highest and on earth peace to men on whom his favour rests'

(Luke 2:14)

### **From Praise the Lord:**

**247 - Peace, perfect peace is the gift of Christ our Lord**

**81 - My peace I give unto you, it's a peace the world cannot give**

**by Keith Routledge**

(based on John 14:27 and John 15:9-12)

**94 - Peace to you. We bless you now in the name of the Lord**

**by Graham Kendrick**

(based on 2 Corinthians 13:11 and Romans 12:14)

**271 - They shall find peace who seek rest from their troubles**

**by Margaret Green**

(based on Deuteronomy 4:29-31 and Psalm 62:5-8)

**72 - Let there be peace on earth and let it begin with me**

**by Sy Miller and Jill Jackson**

(based on Romans 14:19, 2 Corinthians 13:11 and Hebrews 12:14)

**75 - Like a mighty river flowing ..... is the perfect peace of God**

**by Michael Perry**

(based on Philippians 4:7 and Romans 5:1)

### **Using the Songs**

**Look at the context:** Who was speaking, when and to whom. Ask what we can learn for our own lives. Discussion will depend on the age of the children but they should always sing with understanding.

### **For Seniors**

Some verses about Peace may be appropriate for longer discussion as to their meaning and relevance. Here are a couple to start you off:

Luke 10:6 - "Whatever house you enter, first say, 'Peace be to this house!' And if a son of peace is there, your peace will rest upon him. But if not, it will return to you."

Matthew 10:34 - "Do not think that I have come to bring peace to the earth. I have not come to bring peace, but a sword."



## Unit 7: Prayer brings Peace of Mind

**Introduce the need for prayer by playing a couple of games:**

### **Game 1. Get out of this!**

**To play:** Either play with the entire group or have 2 teams for a race between them. Players stand shoulder to shoulder in a circle (or 2 circles for team version) facing inwards. Everyone shuts their eyes and puts both hands forwards in order to grasp 2 other hands at random. Then they open their eyes and try to untangle themselves without releasing their grasp. (With the team version, who can untangle themselves first?)

**Learning:** Did the freed ones help the others, even bending over backwards to help? Do we put ourselves out to help others in our lives? How do our lives get in a tangle and how can we get out of it? Explain that prayer is vital and so is helping each other.

### **Game 2. Triple Targets.**

**To play:** Have 3 teams doing 3 tasks. No team moves on until each task is completed.

**Task 1** - Drop three 2p coins into a bucket of water containing three 1p coins. The object is to cover the 1p coins with the 2p coins. Keep retrieving stray coins until all the 1ps are covered.

**Task 2** - Bounce 3 ping-pong balls off a table top and into a jam jar or similar.

**Task 3** - Stand with one foot each side of a bucket and hold a playing card, long side against the bridge of your nose. Let it go. Take it in turns and get 3 into the bucket.

**Learning:** Ask what was needed to complete the tasks - Patience and persistence? Explain that this is exactly what is needed in prayer. You may like to offer some examples here or get the youngsters to suggest some of their own.

**Ask your class to consider these verses from the Psalms:**

**1. Psalm 4:8** - 'I will lie down and sleep in peace, for you alone, O Lord, make me dwell in safety.'

**2. Psalm 3:5** - 'I lie down and sleep; I wake again, because the Lord sustains me.'

Talk with the children about the marvellous reassurance, which can come about by faith and prayer. Explain that they will have opportunity to think about communicating with God, sharing their burdens and the good things that happen to them, getting used to making God and Jesus ever more important parts of their lives. You might like to use a Biblical example such as Joshua, someone who was told by God to be strong and courageous so that he and the people could eventually rest in their land. We too need courage to trust in God's care and to do this we need to get to know him through prayer (as well as through the Bible of course).

Having thought about the need for prayer and the peace it can bring, spend time helping the children and young people consider what they personally would like to talk to God about. Let them write their own prayers and possibly share them with others so all can benefit from each others' thoughts.

## Unit 8: Carrying Peace with us

**Carrying reminders about the Peace we can have through God and the Lord Jesus Christ could be helpful for all our children.**

Help them to select verses which they like and which hold meaning for them personally and then give them the materials they need to make either bookmarks, prayer cards, an email signature or even a bracelet out of letter beads.

**To make Bookmarks or Prayer Cards you will need:**

Sheets of light-coloured A4 card, felt tip pens and scissors. Laminate afterwards.

**To add an email signature:**

Open a 'new email', click on 'signatures' and type the chosen verse into the box. Saving it means it will appear each time you open a new email. This could be used as a preaching tool when communicating with friends.

**To make Bead Bracelets you will need:**

Alphabet beads and beading cord or thin elastic (available from online craft stockists such as Baker Ross)

**There are many verses which either mention peace overtly and even more in which peace is implied but these are a few suggestions to get you started:**

1. **Psalm 4:8** - 'In peace I will both lie down and sleep; for you alone, O LORD, make me dwell in safety.'

2. **Psalm 34:14** - 'Turn away from evil and do good; seek peace and pursue it.'

3. **Psalm 122:6** - 'Pray for the peace of Jerusalem'

4. **Isaiah 26:3** - 'You keep him in perfect peace whose mind is stayed on you, because he trusts in you.'

5. **Luke 1:79** - '..... to guide our feet into the way of peace.'

6. **John 14:27** - 'Peace I leave with you; my peace I give to you. Not as the world gives do I give to you. Let not your hearts be troubled, neither let them be afraid.'

7. **John 20:26** - Jesus said, 'Peace be with you.'

8. **Romans 5:1** - 'Therefore, since we have been justified by faith, we have peace with God through our Lord Jesus Christ.'

9. **Romans 14:19** - 'So then let us pursue what makes for peace and for mutual upbuilding.'

10. **2 Corinthians 13:11** - 'Finally, brothers, rejoice..... live in peace; and the God of love and peace will be with you.'

11. **Philippians 4:7** - 'And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus.'

12. **Colossians 3:14 -15** - 'And above all these put on love, which binds everything together in perfect harmony and let the peace of Christ rule in your hearts...'